



Care & Commitment Card

NAME

CONTACT PREFERENCE

(Check All That Apply)

AREA I CAN HELP IN

PREFERENCES

- Visiting
- Praying
- Babysitting
- Pet sitting
- Carpentry
- Plumbing
- Electric
- Painting
- Auto repair
- Sewing
- Meals
- Cleaning
- Yard work
- Shoveling
- Driving
- Moving
- I have a truck
- Computers/Tech
- Other _____

- Men Only
- Women only
- Prefer Kids
- Prefer No kids
- During the day
- During the evening
- Light duty
- Inside
- Outside
- Summers
- Not in summers
- Weekends
- Week days
- Other
- _____
- _____
- _____
- _____



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- _____